



SANKETIKA VIDYA PARISHAD ENGINEERING COLLEGE

(Approved by AICTE, New Delhi & Affiliated to Andhra University, Visakhapatnam)

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AS PER NEP, EVERY INSTITUTION SHALL HAVE INBUILT MECHANISM FOR SOCIAL AND EMOTIONAL LEARNING A CRUCIAL COMPONENT OF EDUCATION

Mental and behavioral disorders account for one of the largest and fastest growing categories of the burden of disease worldwide. The loss, anxiety, and frustration experienced by many as a result of the pandemic is only likely to exacerbate this trend further. For children and young people, school closures led not only to learning loss but also meant missing out on in-person interactions and support from peers, teachers, and other education professionals.

SEL is underpinned by a preventative philosophy which has both a moral and economic justifications. However, SEL can help young people in dealing with adverse circumstances in a constructive way, thereby promoting wellbeing and fulfillment.

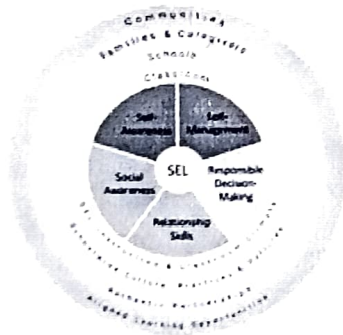


Figure 1. CASEL's SEL framework

	Self	Social
Awareness	I am... Knowledgeable SELF CONFIDENCE	I care... Caring EMPATHY
Management	I can... Capable SELF-CONTROL AND SELF-MOTIVATION	I will... Responsible INFLUENCE

Figure 2. Alternative SEL framework



N.C.
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