

## **BEST PRACTICE – II**

### **1. Title of the Practice:**

Counselling & Mentoring System for Students

### **1. Objectives of the Practice**

To minimize dropouts, improve performance and reduce stress of the students through personal counselling.

#### **1. The Context**

Students undergo various problems of stress- personal, academic, physical, mental. Engineering education is a time bound course with time limitations to complete their work especially during the first two years. Statistics reveal increasing number of suicides and dropouts. Considering the student-teacher ratio in classrooms, it is impossible at times to give personal attention to students in class. One solution therefore is a Mentoring which can form the bond between teachers and students in the true sense..

#### **1. The Practice**

The practice is that of creating an efficient mentoring system. Each teacher is assigned 15-20 students for the complete duration of their study. They meet at least once a week to discuss, clarify and primarily to share various problems which may be personal, domestic, academic, etc. The mentors encourage the students to participate in co-curricular and extra-curricular activities and sports. Their academic performance and other activities are all recorded. Students should inform their mentors on all their movements like their absence from college, sickness etc. The mentors also keep in touch with the parents on their attendance, test performance, fee payment, examinations etc.

#### **1. Evidence of Success**

Student counselling committee works actively and maintains regular touch with the students for sort out the problems that they encounter during their studies at any stage. The immediate solutions given to the students are as follows.

- Improvement in overall
- Reduction in absenteeism improvement in personality.
- Increased Participation in co-curricular activities.
- Improvement in behavior and attitudes
- Increased campus selection ratio.

#### **1. Problems Encountered and Resources Required**

Majority of the Students are unwilling to open and share their problems freely to the mentors.

Therefore it makes the mentor to understand the problems of him/her to give right guidance.

### **1.Effectiveness of counselling and mentoring**

Counselling and mentoring system developed by the Institute has been proved to be effective considering different parameters. The involvement of students in the academics has increased, like class work attendance, self-confidence, adjusting to the new environment, Time management, participation in cultural activities etc. Because the number of students allocated to each of the mentor is limited to one class, personal interaction on regular basis has been possible.